		NORTHERN CALIFORNIA:: MAY 2012	012	
Worn/Carried	R = Required	Item	Weight	Pre-Hike Comments
Active layer shirt	R	GoLite Paparoa L/S Travel Shirt	9.0	Good brea
Active layer bottoms	R	GoLite Yunnan Hiking Pant	11.0	Pro v sun, brush, bugs
Underwear	ı	Jockey Boxer Briefs	2.5	Not expecting to take pants off
Shoes	R	La Sportiva Raptor	14.0	
Socks	Ŋ	DeFeet Wool-E-Ator	3.0	
Gaiters	ı	Simblissity Levagaiter	2.0	Save time, increase comfort
Headwear	7J	Headsweats ProTech	2.0	
Watch	1	High Gear Summit	2.5	Helps structure day
Eyewear	Z)	Zeal Optics Maestro	2.0	
Trekking Poles	R	Black Diamond Alpine Carbon Cork	12.0	
TOTAL			60.0	
Other Clothing	R = Required	Item	Weight	Pre-Hike Comments
Second socks	Z)	DeFeet Wool-E-Ator	2.0	Dry fast, le
Wind jacket	-	-	0.0	
Wind pants	1	_	0.0	
Rain jacket	Z)	GoLite Trinity	7.0	
Rain pants	-	-	0.0	unnecessary for this trip
Insulated jacket	R	GoLite Hooded Diablo	22.0	Excessive, but taking 1-season quilt
Insulated pants	-	Montbell UL Down Pants	6.0	
Liner gloves	R	DeFeet Wool Duraglove	3.0	For cool mornings, nights
Shell gloves	-	-	0.0	0.0 Will wish I'd taken in unlikely event of rain
Sleeping top	•	-	0.0	Da
Sleeping bottoms	-	-	0.0	Daytime clothes should stay dry
Headnet	-	Peter's Headnet	1.0	
TOTAL			41.0	
Packing	R = Required	Item	Weight	Pre-Hike Comments
Pack	R	ULA Epic w/Dyneema packbag	40.0	Load-carrying helpful for canister, group g
Pack liner	R	Trash compactor bag	2.5	
Bear canister	R	Bear Vault BV 500	41.0	
OP sacks	-	-	0.0	
Stuff sacks	-	For sleeping bag, pot, accessories, group item	3.0	Keep things organized, clean, protected
Plastic bags	-	For maps, permit, meds, etc.	1.0	
TOTAL			87.5	
Sleeping & Shelter	R = Required	Item	Weight	Pre-Hike Comments
Bag or quilt	R	Mountain Laurel Designs 48-deg quilt	13.0	Too light -
Pad	R	Thermarest Ridge Rest SOLite (half)	4.5	
Rainfly or tarp	R	Blackbird Edge Tarp	10.0	
Nest or bivy	ı	Blackbird Warbonnet Hammock (1.7-oz 1-layer	21.0	
Suspension	ı	Two: adjustable webbing & line/strap	3.0	
	1		0	

	16.9	(A) + (B) = FULL OUT-OF-SKIN WEIGHT	(A) + (B) = FULI	
2	13.2	(B) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BA	MES WORN OR	(B) ITEMS SOMETIN
3	3.8	(A) ITEMS ALWAYS WORN OR CARRIED, OR NOT IN PACK	<b>ALWAYS WOR</b>	(A) ITEMS
	(sdl)			<b>TOTALS   POUNDS</b>
2	13.2			TOTAL
)No need to night-hike. Just for camp use.	1.0	Fenix LD01	R	Light
) All I've ever needed	1.0	Victorinox Classic	R	Knife
5 Helpful for repair	0.5	Krazy Glue & Aqua Seal	1	Glues
) For footcare, general use	1.0	Duct tape & Luekotape	ı	Tapes
5 Aches & soreness expected early in trip	0.5	"Vitamin I"	ı	Medications
5 Just in case feet get wet	0.5	Bonnie's Balm in small balm jar	ı	Foot care kit
2 Minimal wt for dedicated lip balm	0.2	Bert's Bees or similar	1	Lip balm
5 Common to chafe early in a trip	0.5	Sportslick in small balm jar	ı	Anti-chafing
5 For ears, face; all else covered by clothing	0.5	Sawyer StayPut Sun Block	7J	Sunscreen
5 Acquired taste, multi-purpose	0.5	Dr. Bronner's in small dropper bottle	R	Toothpaste
Cut handle in half for packability	0.5	Standard toothbrush	R	Toothbrush
To mark up maps, take notes about trip	0.5	Standard pen	1	Pen or pencil
Wi	0.0	-	-	Journal
) Balance of wt, size, image quality	6.0	Canon S90	-	Camera
Pre-Hike Comments	Weight	Item	R = Required	Small Essentials
<u>3</u>	14.3			TOTAL
5 Do you know how to start a fire?	0.5	Bic mini lighter + cotton firestarter tabs	R	Ignition
	0.5	Lexan spoon with big shovel	R	Utensil
5 Efficient, squatty dimensions	4.5	Evernew Ti 900ml, no handles	R	Cookpot
5.0 Wood burning. Finnicky but cool.	5.(	Bush Buddy Ultra	R	Stove
) Chlorine dioxide-based	2.0	Aqua Mira	R	Purification
3 Water should be abundant	1.8	Platypus 1L (2 at .9-oz each)	R	Bottles
Pre-Hike Comments	Weight	ltem	R = Required	Hydration & Cooking
	54.5			TOTAL
	1.0	20 ft or 3mm cord	ı	Guylines
Much better holding power than skewers	2.0	Aluminum Y-stakes (4 at .5-oz each)	7.	Stakes