

2009 ALASKA MOUNTAIN WILDERNESS CLASSIC GEAR LIST FINAL				
Worn/Carried	Item	Oz	Take again?	Post-Race Comments
Shirt	Backpacking Light Merino Wool Hoodie	8.1	8.1	Way better than shirt, gloves, and beanie
Underwear/shorts	GoLite Stride Shorts	4.2	4.2	Love these shorts
Pants - Trekking	GoLite (old model, can't remember)	9.2	9.2	Wore for brush; pants need to fit over shoes.
Headwear	Headsweats Supervisor	1.8	1.8	-
Watch	High Gear Summit watch	2.1	2.1	-
Trekking poles	REI Peak UL - 3-piece adjustable	11.2	11.2	Essential on this hiking-intensive route
Shoes	La Sportiva Fireblade (size 11.5)	28.1	28.1	Great on technical terrain and tundra
Socks	DeFeet Coolmax Air-E-Ator	1.6	1.6	One pair the whole race
Gaiters	Simblissity LevaGaiter	1.8	1.8	Saved time by minimizing shoe-cleaning stops
TOTAL		68.1	68.1	
Other Clothing	Item	Oz	Take again?	Post-Race Comments
Rain jacket	GoLite Phantom	13.5	13.5	Overkill; Virga would have been fine
Insulated Top	Montbell UL Thermawrap Parka	12.5	12.5	Seldom used; but conditions were very warm
Rain pants	GoLite Reed	7.0	7.0	Hardly used due to dry weather
Gloves	Backpacking Light FeatherLite Vapor Mitts	3.9	1.0	Mtn Laurel Design mitts would have been fine
Sleeping socks	DeFeet EcoTrekker	3.1		Never stopped long enough to use
TOTAL		40.0	34.0	
Packing	Item	Oz	Take again?	Post-Race Comments
Pack	GoLite Pinnacle	25.2	25.2	Good size, nice pockets
Dry sack - pack	Sea to Summit Ultra-Sil Pack Liner 70L	3.4	3.4	Kept everything dry
Stuff sacks	Zpacks.com sil sacks (2) for accessories, pot	0.8	0.4	-
Food - storage	Aloksak 12.5"x20" odorproof bag	1.0	1.0	-
Food - accessible	Quart-sized Ziplok	0.1	0.1	-
Map case	Quart-sized Ziplok	0.1	0.1	-
Maps - storage	Aloksak 12x12	1.0	1.0	-
Odds & ends	MicroZip 2"x3" bags (3) for IBU/NoDoze, gum	0.2	0.2	-
Camera	Aloksak 6"x6" bag	0.5	0.5	-
TOTAL		32.3	31.9	
Packrafting	Item	Oz	Take again?	Post-Race Comments
Boat	Alpacka Yukon Yak w/integrated spray deck	87.6	87.6	Thankful to have for flooding rivers
Seat	Removable inflatable seat	4.0	4.0	Could save some weight here
Paddle	Sawyer Packrafting Paddle + drip rings	30.6	30.6	Appropriate paddle
Inflation	Alpacka Inflation Bag	3.6	3.6	Worth the weight
Pack tie-down	2 x 5' 2.5 mm p-cord + trucker's hitch	0.6	0.6	-
Stern loop	2' of 2.5mm p-cord	0.1	0.1	-
Paddle & raft leash	2 x 3' 2.5 mm p-cord - anchored to raft, shaft, PFD	0.5	0.5	Used leash on windy Delta River flats
TOTAL		127.0	127.0	
Hydration & Cooking	Item	Oz	Take again?	Post-Race Comments
Bottles	1L Platypus bottle	0.9	0.9	Never carried water
Stove	Fancy Feast Alcohol Stove (homemade)	0.3		It was nice to have a hot meal but it was not necessary, and so next time I'd leave the cooking system behind.
Pot	Evernew Ti .9L pot with lid	3.4		
Fuel Bottle	Fuel bottle (Dansani 8-oz)	0.7		
Wind screen	Aluminum foil windscreen	0.3		-
Utensil	Lexan spoon w/ shortened handle	0.3		-
Fire starter	10 quick-light tabs	0.1	0.1	Had 1 unnecessary fire; essential item though
TOTAL		6.0	1.0	
Recording	Item	Oz	Take again?	Post-Race Comments
Photo & video	Panasonic Lumix LX3 (w/o battery, SD card)	8.0	8.0	Beautiful course - absolutely worth the weight
Power	OEM battery	1.3	1.3	-
Memory	16 GB SD card	0.1	0.1	-
Writing	Bic Pen	0.2		Never used
TOTAL		9.6	9.4	
Hygiene, Med, Repair	Item	Oz	Take again?	Post-Race Comments
Toothbrush	Toothbrush	0.3	0.3	-
Soap/toothpaste	Dropper bottle for Dr. Bronner's soap	0.2	0.2	-
Topical treatments	Balm jars for Hydropel and Sportslick	0.8	0.8	-
Multi-use Tape	3 feet of duct tape	0.3	0.3	-
Skin Tape	1 foot of Luekotape	0.1	0.1	-
Glue	Single-use Crazy Glue	0.1	0.1	-
Clothing repair	McNett GORE-TEX Fabric Repair patch	0.1	0.1	-
Glue/Boat repair	Aquaseal Urethane Repair Adhesive & Sealant	0.7	0.7	-
Boat repair	Patch-N-Go patch	0.1	0.1	-
TOTAL		2.7	2.7	
Safety	Item	Oz	Take again?	Post-Race Comments
Wildlife defense	UDAP Bear Spray (7.9-oz size)	11.0		Unnecessary with 3-person team

Communication	Satellite Phone	12.0	12.0	-
Knife	Victorinox Classic penknife	0.9	0.9	-
Mylar blanket	Adventure Medical Kits Heatsheet Blanket	2.3	2.3	-
TOTAL		26.2	15.2	
Miscellaneous	Item	Oz	Take again?	Post-Race Comments
Wallet	Alokosak 4x5	0.3	0.3	-
ID & money	Drivers license, credit card, debit card, cash	0.7		-
Compass	Brunton Nexus compass	0.9		-
TOTAL		1.9	0.3	
TOTALS OUNCES		(oz)		
(A) ITEMS ALWAYS WORN OR CARRIED, OR NOT IN PACK		68.1	68.1	
(B1) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BASE WEIGHT" -- WITHOUT PACKRAFT		118.7	94.5	
(B2) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BASE WEIGHT" -- JUST PACKRAFT		127.0	127.0	
(A) + (B1) + (B2) = FULL OUT-OF-SKIN WEIGHT		313.8	289.6	
TOTALS POUNDS		(lbs)		
(A) ITEMS ALWAYS WORN OR CARRIED, OR NOT IN PACK		4.3	4.3	
(B1) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BASE WEIGHT" -- WITHOUT PACKRAFT		7.4	5.9	
(B2) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BASE WEIGHT" -- JUST PACKRAFT		7.9	7.9	
(A) + (B1) + (B2) = FULL OUT-OF-SKIN WEIGHT		19.6	18.1	