

ALASKA 2009   GEAR LIST   FINAL						
Worn/Carried	Item	Start	Finish	Pre-Hike Comments	Post-Hike Comments	
Shirt	Backpacking Light Merino Wool Hoodie	8.1	8.1	Integrated balaclava; thumb loops	Gloves & hats easily lost during 'whacking	
Underwear/shorts	GoLite Stride Shorts	4.2	4.2	Form fitting, breathable, protective	Wore alone often as shorts	
Pants - WP/B & trek	GoLite Shadow	8.0	8.0	Non-hindering fit, ankle zip is big vent	Eventually shredded by all the 'whacking	
Headwear	Headsweats ProTech	3.0	3.0	Drape helps keep bugs off neck	Much more bug protection; wamer too	
Watch	High Gear Summit watch	2.1	2.1	Altimeter, barometer, temp, digital compass	Used mostly as just a watch	
Eyewear	Native Eyewear Hardtop	1.3	1.3	Orange lenses for mid-light	Wise lens color choice; need polarized though	
Trekking poles	REI Peak UL - 3-piece adjustable	11.2	11.2	Fit better on packraft than fixed-length poles	Much more convenient if using PR	
Shoes	La Sportiva Fireblade (size 11.5)	28.1	28.1	LW, durable, good on technical terrain	Very impressed with durability of upper	
Socks	DeFeet Coolmax Air-E-Ator	1.6	1.6	Low absorbing; expect to always be wet/damp	No holes until after 350 miles	
Gaiters	Simblissity LevaGaiter	1.8	1.8	UL, breathable; keeps out dirt, sand, sticks	Shoes stayed much cleaner	
Bugs	Sawyer Permethrin Military Treatment	0.0	0.0	Applied beforehand to shirt, pants, hat, socks	Effective for a week, until soaked a few times	
<b>TOTAL</b>		<b>69.4</b>	<b>69.4</b>			
Other Clothing	Item	Start	Finish	Pre-Hike Comments	Post-Hike Comments	
Windshirt	GoLite Ether Wind Shirt	3.4		Breathable wind/bug protection, some warmth	Lost en route. But decided it was unnecessary.	
Rain jacket	GoLite Phantom	13.5	13.5	Want full features for snow, cold rain	Overkill for strangely dry summer	
Insulated Top	Montbell UL Thermawrap Parka	12.5	12.5	Better than down in wet/damp conditions	Disappointingly thin, but totally UL	
Insulated Pants	Montbell UL Thermawrap Pants	10.6		Parka + pants my "layer of last resort"	Overkill for avg temps, dry conditions	
Gloves	NRS Hydroskin Gloves (minus wrist straps)	2.6		0.5 mm neoprene; key when paddling	Worthless: not warm when wet, long dry time	
Sleeping socks	DeFeet EcoTrekker	3.1	3.1	Warm & dry feet at night reduces feet issues	Really helped in minimizing feet issues	
Bugs	Mountain Laurel Designs Headnet	0.7	0.7	I hear bugs are big and plentiful in AK	Usually wore at night to keep bugs off	
<b>TOTAL</b>		<b>46.4</b>	<b>29.8</b>			
Packing	Item	Start	Finish	Pre-Hike Comments	Post-Hike Comments	
Pack harness	Backpacking Light Arctic Dry Pack	30.0	30.0	Carries heavy PR load well; lashes to PR easily	Will be excellent PR pack after some changes	
Durable pack bag	GoLite Pinnacle - body only	9.1	9.1	Removed shoulder straps, waist belt, etc.	Standard nylon dry bag would have shredded	
Dry sack - pack	Sea to Summit Ultra-Sil Pack Liner 70L	3.4	3.4	Wet environment: rain, splash, submergence	Kept everything dry	
Dry sack - quilt	Sea to Summit Ultra-Sil Dry Sack 8L	1.1	1.1	Extra insurance to keep quilt dry	Probably overkill, but for a half-oz extra...	
Stuff sacks	Zpacks.com sil sacks (2) for accessories, pot	0.8	0.8	Keep things organized; cover sooty pot	Like the 2.0-oz/sq yd material	
Food - storage	Aloksak 12.5"x20" odorproof bags (2)	1.9	1.9	A 2nd-best option but a canister is too heavy	5 weeks of use without holes	
Food - accessible	Quart-sized Ziplok freezer bag	0.2	0.2	For today's food; stored near top of pack	Good system	
Map case	Quart-sized Ziplok freezer bag	0.2	0.2	Fairly durable; inexpensive to replace	At least 4-5 days of use without smudging	
Paperwork	Aloksak 12x12	1.0	1.0	Keep maps clean, dry	Worked well	
Odds & ends	MicroZip 2"x3" bags (3)	0.2	0.2	For IBU/NoDoze, gum, chilli powder	-	
Camera	Aloksak 6"x6" bag	0.5	0.5	Waterproof to 15m; protects from dirt	-	
Eyewear	Sunglass case	2.3	2.3	2.3-oz investment for \$100+ sunglasses	Wish I could find something lighter	
<b>TOTAL</b>		<b>50.7</b>	<b>50.7</b>			
Sleeping & Shelter	Item	Start	Finish	Pre-Hike Comments	Post-Hike Comments	
Quilt	Backpacking Light UL 180	17.6	17.6	Quilt more versatile than mummy	Adequately warm; good in wet conditions	
Pad	None - use packraft, pack, PFD, etc.	0.0	0.0	Lots of items to insulate and provide cushion	Helped to sleep on soft tundra or forest floor	
Shelter	Mountain Laurel Designs DuoMid (sil) w/guylines	16.1	16.1	Comfy in stormys; use PR paddle as pole	Very sturdy and spacious for 16 oz	
Stakes	4 Y-stakes, 4 Ti skewers	3.1	3.1	Y-stakes for corners; skewers for mid points	Always able to stake down shelter	
<b>TOTAL</b>		<b>36.8</b>	<b>36.8</b>			
Packrafting	Item	Start	Finish	Pre-Hike Comments	Post-Hike Comments	
Boat	Alpacka Yukon Yak w/integrated spray deck	87.6	87.6	To cross lakes, fjords; float Class 1-2 rivers	An essential item	
Seat	Removable inflatable seat	4.0	4.0	Improves vision; protects butt from rocks	Remove seat-back and buy a smaller boat!	
Paddle	Sawyer Packrafting Paddle + drip rings	30.6	30.6	Lightest paddle w/enough power, durability	Very stiff and good power, yet light	
PFD	Stormy Seas SV100 inflatable vest	16.0	16.0	Compactable, LW; but negative fashion points	Thankfully never put it to test	
Inflation	Alpacka Inflation Bag	3.6	3.6	Weight offset by time savings, over lungs	Worth its weight	
Pack tie-down	2 x 5' 2.5 mm p-cord + trucker's hitch	0.6	0.6	Ultralight and simple, very secure	Excellent system	
Stern loop	2' of 2.5mm p-cord	0.1	0.1	Shallow "V" between both stern tiedowns	Essential grab loop	
Paddle & raft leash	2 x 3' 2.5 mm p-cord - anchored to raft, shaft, PFD	0.5	0.5	Ocean & lake use only, not on rivers	Essential when losing boat or paddle = death	
<b>TOTAL</b>		<b>143.0</b>	<b>143.0</b>	<b>8.9</b>		
Hydration & Cooking	Item	Start	Finish	Pre-Hike Comments	Post-Hike Comments	
Bottles	2 x 1L Platypus bottle	1.8	0.9	UL, collapsible, soft-sided for pillows	Lots of water around; only needed 1 bottle	
Purification	Aqua Mira in .2-oz BPL dropper bottles	0.4		Will rarely use; UL, fast treatment solution	Not using so sent home; water quality high	

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Stove	Fancy Feast Alcohol Stove (homemade)	0.3	0.3	Very reliable & cheap; easily replacable	Love this stove - fast, efficient
Pot	Evernew Ti .9L pot with lid	3.4	3.4	Been using for years; perfect size, shape	Need a new one - a few too many dings
Fuel Bottle	Fuel bottle (Dansani 8-oz)	0.7	0.7	Need ~.7 oz/day, for 1.5-2 cups boiling water	-
Wind screen	Aluminum foil windscreen	0.3	0.3	Cheap, disposable, lasts ~10 days	-
Utensil	Lexan spoon w/ shortened handle	0.3	0.3	Oversized bowl for efficient calorie delivery	-
Fire starter	FireLite Mini Firestarting Kit	0.8	0.8	Will make fires too to warm up, dry out	Made occasional fires but none were critical
<b>TOTAL</b>		<b>8.0</b>	<b>6.7</b>		
<b>Recording</b>	<b>Item</b>	<b>Start</b>	<b>Finish</b>	<b>Pre-Hike Comments</b>	
Photo & video	Panasonic Lumix LX3 (w/o battery, SD card)	8.0	8.0	High-end compact: 10 MP, 24-60 mm, RAW	Very pleased with image quality
Power	OEM battery	1.3	1.3	Need new battery every ~10 days	-
Memory	16 GB SD card	0.1	0.1	Need new card every ~2 weeks	-
Audio	Olympus WS-210S DVR w/battery	1.7		More efficient than paper journal	Too much two-hands-on-the-wheel terrain
Writing	Bic Pen	0.2	0.2	Wish I could find a short UL pen	Took copious notes on maps
<b>TOTAL</b>		<b>11.3</b>	<b>9.6</b>		
<b>Hygiene, Med, Repair</b>	<b>Item</b>	<b>Start</b>	<b>Finish</b>	<b>Pre-Hike Comments</b>	
Toothbrush	Toothbrush	0.3	0.3	Twice a day	-
Soap/toothpaste	Dropper bottle for Dr. Bronner's soap	0.2	0.2	Multi-purpose	-
Topical treatments	Balm jars for Hydropel and Sportslick	0.8	0.8	For prevention of chafing and maceration	-
Multi-use Tape	3 feet of duct tape	0.3	0.3	Multi-purpose	-
Skin Tape	1 foot of Luekotape	0.1	0.1	Great skin tape	-
Glue	Single-use Crazy Glue	0.1	0.1	Multi-purpose	-
Clothing repair	McNett GORE-TEX Fabric Repair Kit	0.1	0.1	For clothing , shelter, backpack, shoes	Quick repairs on rain pants
Glue/Boat repair	Aquaseal Urethane Repair Adhesive & Sealant	0.7	0.7	3/4-oz tube	No leaks in packraft; did not use
Boat repair	Patch-N-Go kit	0.1	0.1	Patch for urethane fabrics, alcohol swabs	-
<b>TOTAL</b>		<b>2.7</b>	<b>2.7</b>		
<b>Safety</b>	<b>Item</b>	<b>Start</b>	<b>Finish</b>	<b>Pre-Hike Comments</b>	
Wildlife defense	UDAP Bear Spray (7.9-oz size)	11.0	11.0	Lighter and more effective than a firearm	Saw lots of bears but they all ran away
Communication	SPOT Satellite Messenger	6.8	6.8	Too remote, risky, worry-inducing to not take	Mom loves this technology
Knife	Victorinox Classic penknife	0.9	0.9	All that I've ever needed; peeled off side tabs	Never needed more
Mylar blanket	Adventure Medical Kits Heatsheet Blanket	2.3		Kept with quilt; in case I go "swimming"	Saw low liklihood of using; sent back
Food protection	Bear hang system: 50-ft rope, large sack, 'biner	3.0		PCT Method	Few trees to hang food. Slept next to it instead.
<b>TOTAL</b>		<b>24.0</b>	<b>18.7</b>		
<b>Miscellaneous</b>	<b>Item</b>	<b>Start</b>	<b>Finish</b>	<b>Pre-Hike Comments</b>	
Wallet	Alokosak 4x5	0.4	0.4	Need to have things waterproofed	-
ID & money	Drivers license, credit card, debit card, cash	0.7	0.7	Always carry cash for small, local businesses	-
Compass	Brunton Nexus compass	0.9		To keep a bearing in thick bushwhacks	Used once, not enough to justify carrying
Fishing	50 ft of 20-lb test line, jig lures (3), a stick	0.2	0.2	Can compliment food if run out or is stolen	Would have been useful, but never needed
Bugs	Sawyer Premium Maxi Insect Repellent	0.6	0.6	98% DEET; may be toxic, but preserves sanity	Essential
Light	Photon Freedom LED light w/ visor clamp	0.7	0.7	Still 21 hrs of light at end of trip in mid-Aug	Sometimes needed in middle of night
<b>TOTAL</b>		<b>3.5</b>	<b>2.6</b>		
<b>TOTALS   OUNCES</b>		<b>(oz)</b>			
(A) ITEMS ALWAYS WORN OR CARRIED, OR NOT IN PACK		69.4	69.4		
(B) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BASE WEIGHT"		326.4	300.6		
(A) + (B) = FULL OUT-OF-SKIN WEIGHT		395.8	370.0		
<b>TOTALS   POUNDS</b>		<b>(lbs)</b>	<b>(lbs)</b>		
(A) ITEMS ALWAYS WORN OR CARRIED, OR NOT IN PACK		4.3	4.3		
(B) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BASE WEIGHT"		20.4	18.8		
(A) + (B) = FULL OUT-OF-SKIN WEIGHT		24.7	23.1		